

SYMPOSIUM GOALS

1. Identify key distinct and overlapping dimensions of Hózhó náhasdlíí Navajo wisdom and Caritas Nursing Theory
2. Plan approaches, based on Caritas and Hózhó náhasdlíí, in contemporary health care.
3. Apply Caritas and Hózhó náhasdlíí to restore caring and healing in diverse health care environments
4. Reflect on how Hózhó náhasdlíí and Caritas provide opportunities to transform individuals, communities and environments.

WHO SHOULD ATTEND:

- Healthcare Professionals
- Nurses
- Students
- Faculty
- Health Educators

NURSE CONTINUING EDUCATION

Accrediting Sponsor:

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is designated up to 11.25 contact hours for nurses.

N-NURSE, Inc.
PO Box 398
Window Rock, Arizona 86515



forging a legacy
for generations
of nurses

N-NURSE, INC.

**Navajoland Nurses
United for Research,
Service and Education, Inc.**

Sixth N-NURSE Symposium



*“Hózhó náhasdlíí: Sacred Space and
Human Caring in Health Care.”*

Keynote Speaker

**Jean Watson,
PhD, RN, AHN-BC, FAAN**

April 18-19, 2013

**Little America Hotel
Flagstaff, Arizona**

Join N-NURSE in welcoming back Jean Watson and take advantage of opportunities to discuss and exchange information during this 2 day event.

“This symposium will engage participants with the cultural wisdom inherent in the concepts of ‘Caritas’ theory and Hózhó náhásdłíí, Navajo philosophy, to integrate human caring in health care environments .”

Dr. Jean Watson is Distinguished Professor Emerita and Dean Emerita, University of Colorado Anschutz Medical Campus and Founder, Director of Watson Caring Science Institute. Dr. Jean Watson created her international nonprofit Watson Caring Science Institute in 2007 with the mission to restore the profound nature of caring-healing in today’s healthcare systems and to retain its most precious resource, caring professional nurses and transdisciplinary care team members.

Call for Posters:

Abstracts to be submitted by March 1, 2013

Topics:

- ◇ Innovative examples of research, practice or education projects that incorporate caring/healing frameworks.
- ◇ Programs with established patient or Native centered frameworks within clinical settings.
- ◇ Projects/programs that include Native knowledge or Native Practitioners within patient care strategies.

Check N-NURSE Web Site for submission details. <http://www.n-nurse.org>

AGENDA

THURSDAY, April 18, 2013

- 7:30—8:30 am Registration
- 7:45—8:30 am Breakfast Provided
- 8:15—9:15 am Welcome & Meditation
Opening Remarks: Ursula Knoki-Wilson, N-NURSE President
- 9:15—10:15 am Jean Watson, PhD, RN, AHN-BC, FAAN
“Caring Science as Sacred Science: Creating Sacred Space Together”
- 10:15—10:30 am Health Break
- 10:30—11:30 Ursula Knoki-Wilson, MSN, CNM, MPH
“Hózhó náhásdłíí: Healing Dynamics of Balance and Synergy”
- 11:30—12:00 Discussion with keynote speakers
- 12:00 —1:15pm Lunch on your own
- 1:15—2:15 Kevin Rand, MD & Wanda Begay, SCN, RN
“Weaving Cultural Values in Clinical Improvement Strategies for Health Outcomes”
- 2:15—3:15 Nicolle Gonzales, MSN, CNM “Honoring Traditional Birth Knowledge to Enhance Women’s Health in Community”
- 3:15 —3:30 pm Health Break
- 3:30—5:00 pm Interactive Workshop: “Weaving Strands of Wellness: Reframing challenges to improve care” Facilitator: Dorinda Welle, PhD
- 6:00 - 9:00 pm “Honoring Banquet” & Silent Auction*

*Silent Auction Donations go to N-NURSE Symposium Scholarship Fund that supports American Indian student nurses chosen by faculty from their nursing programs to attend N-NURSE symposiums.

Speaker Information located on N-NURSE Web site <http://www.n-nurse.org>

AGENDA

Friday, April 19, 2013

- 7:30 —8:15 am Breakfast Provided
- 8:15—8:30 am Welcome, Meditation
- 8:30 - 9:30 am Beulah Allen, MD “Explore the need for an integrated framework to promote caring-healing in health care environments.”
- 9:30 —9:45 am Health Break
- 9:45 — 10:30 am Poster Presentations—Examples of research or programs that integrate caring and healing frameworks. Facilitator: Karine Crow, PhD, RN
- 10:30—12:00 pm Application of Caritas & Hózhó náhásdłíí into nurse Education, Research & Practice—Round Table Work groups Facilitator: Barbara Overman, PhD, CNM
- 12:00 —1:00 pm Lunch on your own
- 1:00—2:00 pm Dale Todicheoney, MSN, RN, PHN, ACNS-BC, PhD (c) Convener of Student Panel: “Future of health care for American Indian people through the lens of Caritas & Hózhó náhásdłíí”
- 2:00—2:15 pm Health Break
- 2:15—3:15 pm “Innovation in care and healing using tools provided by the Caritas & Hózhó náhásdłíí frameworks” Barbara Overman, PhD, CNM, MPH
- 3:15—4:00 pm “Structured reflection on lessons learned from Symposium” Jean Watson & Ursula Knoki-Wilson

HOTEL INFORMATION

Little America, Flagstaff, Arizona

2515 East Butler Avenue

For reservations, call 1-800-435-2492 and identify N-NURSE when making hotel reservations. Cut off date is March 17, 2013 to receive symposium room rate of \$99 single or double occupancy (\$10 each additional person).