



## **N-NURSE NINTH SYMPOSIUM AGENDA**

*November 9-10, 2017, Little America Conference Center, Flagstaff, AZ*

***“Yíní Hadaatl’ée’hgó lina Baahózhó: A Healthy Mind for Joyful Living”***

PURPOSE STATEMENT: This symposium inspires dialogue between Diné and Western frameworks for a healthy mind throughout the lifespan. The participants will engage with diverse perspectives to enhance the promotion of optimal mental health and wellness.

### **THURSDAY, November 9, 2017**

**East: Nitsáhákees**      *Beginning; Thinking in more ways than one; Awareness*

- 7:45 – 8:30 am      Registration and Full Breakfast Provided
- 8:00 – 8:45 am      Welcome  
                                  Invocation: John Salabye, Navajo Medicine Man  
                                  Opening Remarks and Symposium Overview, Ursula Knoki-Wilson, N-NURSE President
- 8:45 – 9:45 am      *Keynote: “Traditional perspectives for a healthy mind and wellness”*  
                                  John Salabye, BA, Educator & Blessingway Practitioner
- 9:45 – 10:00 am      Health Break
- 10:00 – 11:00 am      *Keynote: “Wellness for mother and baby: the optimality approach and psycho-social outcomes”*      Holly Powell Kennedy, PhD, CNM, FACNM, FAAN
- 11:00 – 11:30 am      Keynote speakers and audience interaction: Moderator Barbara Overman, PhD, CNM
- 11:30 – 1:00 pm      Lunch on your own

**South: Nahat’á**      *Planning; Expectations; Finding one’s voice/expression*

- 1:00 – 2:00 pm      *“Identifying risky behavior in adolescents: the SBIRT approach”*  
                                  Molly Faulkner, PhD, CNP, LISW
- 2:00 – 2:45 pm      Workgroups: *“SBIRT application: Case studies and role play”*  
                                  Facilitators: Molly Faulkner and Barbara Overman
- 2:45 – 3:00 pm      Health Break
- 3:00 – 4:30 pm      *“Prevention Strategies & Experiences: Transition to Adulthood”*  
                                  Panel: Susie John, MD, Betsy Yazzie, LCSW, Sheila Goldtooth, BS, Navajo  
                                  Medicine Woman.      Facilitator: Ursula Knoki-Wilson, MSN, CNM, MPH
- 4:30 – 5:00              Diné College and UNM College of Nursing Poster Presentations
- 6:00 – 9:00 pm      *“Honoring Banquet” & Silent Auction*



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### **FRIDAY, November 10, 2017**

#### **West: liná**

*Bring improvement to life; Application based on values*

#### **Breakfast on your own**

8:00—8:15 am      Welcome: Ursula Knoki-Wilson, MSN, CNM, MPH  
Meditation: Herman Largo, Navajo Consultant

*Moderator: Grace Marks*

8:15—9:15 am      *“Navajo family life through changing times”*  
Herman Largo, A.A.S, Law Advocate & Navajo Consultant

9:15 – 9:30 am      Health Break

9:30 – 10:30 am      *“Fostering Healthcare Professional Well-Being through the Connection of  
Meaning and Resiliency”*      Evangeline Andarsio, MD

10:30 -11:30 am      *“Trauma-informed Care: Understanding your patient’s past influences their  
experience now-It can make or break your relationship”*      Peter Stuart, MD

11:30—12:15 pm      **Box Lunch Provided**

#### **North: Sihasin**

Reflecting; Silence; Being rather than doing; Wisdom; Self efficacy

*Moderator: Grace Marks*

12:30 – 1:30 pm      *“Palliative and Hospice models of care: clinical Inter-professional practice”*  
Patti Herson, CNP, MSN & Jeanna Ford, MSN, APRN, ACNS-BC, ACHPN

1:30 – 2:30 pm      *“End of Life: Navajo Traditional Perspective”*  
Paul Long, Sr., MSW, BSW, Native Healer and Advisor

2:30 – 2:45      Health Break

2:45—3:30 pm      *“Shared Reflections about End of Life Care”*  
Eric Ritchie, MD and Johanna Bahe, MSN, BSN  
Facilitator: Dr. Susie John

3:30 – 4:30 pm      *“Ha’góónee: Reflection & Evaluation”*      Ursula Knoki-Wilson, MSN, CNM, MPH